



**6<sup>TH</sup> FORM PRACTICE TEST**  
**UNITS 11 AND 12**

VOCABULARY

**Parts of the Body**

Solve the activities at this link:

<https://learnenglish.britishcouncil.org/en/basic-vocabulary/body-parts-1>

**1-Complete the parts of the body with the missing vowels. Then write H (head), B (body), A (arm) or L (leg).**

e.g. *ea* r *H*

1. \_ y \_ .....
2. st \_ m \_ ch .....
3. h \_ nd .....
4. b \_ ck .....
5. f \_ ng \_ r .....
6. k n \_ \_ .....

**2- Complete the conversation between Carla and her dad. What does Carla say to her dad? Write the correct answer A- F.**

Dad: What's wrong, Carla?

Carla: .....

Dad: Oh dear, that sounds terrible! Poor you!

Carla: .....

Dad: Well, first you should lie in bed.

Carla: .....

Dad: No, do you have a temperature?

Carla: .....

Dad: OK, here, wrap yourself in this blanket.

Carla: .....

Dad: Yes, definitely! And I think I should call the doctor right now.

Carla: .....



- A** Should I stay home?
- B** I feel terrible, Dad! I've got a stomach ache, my head hurts and I've got a sore throat.
- C** I don't know but I'm really cold.
- D** Do you think I should take an aspirin?
- E** Thanks dad!
- F** What should I do?

**3-Read the descriptions and write the vehicle. Use the words in the box.**

**boat   scooter   train   coach   helicopter**

**car   bike   taxi   plane   motorbike**

1. People take this motor vehicle that has a license and pay some money. It usually has a machine that determines how much you have to pay at the end of the trip. ....
2. This means of transport is ecological and has two wheels. ....
3. It can take off and land vertically. ....
4. You can use this means of transport to move around in water.  
.....
5. Large bus that carries passengers, usually long distances. ....
6. People usually get on it at the airport to travel long distances by air.  
.....
7. This means of transport moves on a fixed track and stops at stations.  
.....
8. Mostly children use it. It has two wheels and a footboard between them.  
.....
9. It has two wheels and an engine. ....
10. People use it to move about privately. It has an engine, it needs petrol and can usually carry about 4 or 5 people. ....

## GRAMMAR

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### First Conditional (IF + simple present, future)

<http://www.perfect-english-grammar.com/first-conditional-exercise-1.html>

#### 4-Put the words in the correct order to make sentences. Remember the punctuation.

1. it's/if/coat/a/wear/I'll/cold.

***If it's cold, I'll wear a coat.***

2. I/the/teacher/ill/I/feel/if/tell/will.

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3. will/help/for/don't/I/if/ask/understand/I.

---

4. will/go/if/invites/he/her/she.

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5. to/I'm/go/bed/will/tired/if/I.

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6. am/won't/it/not/hungry/I/eat /if/I.

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#### 5- Fill in the gaps using the verbs in brackets. You may need to use the negative form and watch out for the third person S!

- 1 If Clare \_\_\_\_\_ late again, the hockey trainer will be furious. (to arrive)
- 2 You'll be sorry if you \_\_\_\_\_ for your exams. (to revise)
- 3 We \_\_\_\_\_ if the weather's good. (to go)
- 4 They \_\_\_\_\_ you if you wear a wig and dark glasses. (to recognise)
- 5 If the bus \_\_\_\_\_ on time, I won't miss the football. (to be)
- 6 If you \_\_\_\_\_ your homework now, you'll be free all tomorrow. (to do)
- 7 We \_\_\_\_\_ out if there's no food at home. (to eat)
- 8 You'll find life much easier if you \_\_\_\_\_ more often. (to smile)
- 9 If it's hot, we \_\_\_\_\_ for a swim. (to go)
- 10 You'll do it better if you \_\_\_\_\_ more time over it. (to take)

**6-Read the situations, and complete the sentences with the correct form of the verbs in brackets.**

Situation	Prediction
1. Emma's bus is coming, but she isn't at the bus stop.	If you <b><i>don't hurry</i></b> , you'll <b><i>miss</i></b> the bus. (not hurry/miss)
2. John wants to go out. It's raining hard.	If you _____ a raincoat, you _____ very wet. (wear/not get)
3. Sam really wants to buy a new car.	If you _____ it, you _____ happier. (not buy/not be)
4. Meg doesn't like her friend's new dress.	If you _____ her, she _____ sad. (tell/be)
5. Billy's friend has invited him to a party.	If you _____, you _____ it! (go/enjoy)

**7- Complete the text with *should* or *shouldn't* and the verbs in the box.**

**drink    smoke    sleep    do    stick to    have**

*To stay healthy ...*

you \_\_\_\_\_ well.

you \_\_\_\_\_ a balanced diet.

you \_\_\_\_\_ .

you \_\_\_\_\_ a lot of soft drinks or a lot of fast food.

you \_\_\_\_\_ regular exercise.

you \_\_\_\_\_ water every day.

## GRAMMAR

### Present perfect



**Explanation:** <http://web2.uvcs.uvic.ca/elc/studyzone/330/grammar/prperf.htm>

### Practice!

<http://web2.uvcs.uvic.ca/elc/studyzone/330/grammar/prperf1.htm>

<http://web2.uvcs.uvic.ca/elc/studyzone/330/grammar/prperf2.htm>

<http://www.ego4u.com/en/cram-up/grammar/present-perfect-simple/exercises?06> (with "never")

<https://www.tolearnenglish.com/cgi2/myexam/voir2r.php?id=4147> (ever-never)

### **8- Write complete sentences in the present perfect simple affirmative and negative.**

*e.g. 0. (I) ✓ ride a motorbike X drive a car*

*I have ridden a motorbike but I haven't driven a car.*

1. (I) ✓ make breakfast X buy anything for lunch

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2. (I) ✓ learn to play the piano X learn to play the guitar

---

3. (he) ✓ pass the biology test X pass the maths test

---

4. (she) ✓ finish homework X tidy her room

---

5. (we) X travel to Europe ✓ visit New York

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**How about listening to a song ?**

**8- Visit this page and you will have the chance to sing along with Rod Stewart**

**Have fun!**

[http://www.youtube.com/watch?v=KTeIt3\\_j8D0](http://www.youtube.com/watch?v=KTeIt3_j8D0)



LISTENING

**9- You will hear five short conversations. You will hear each conversation twice. There is one question for each conversation. For questions 1- 5 choose the correct option (A, B or C)**

EXAMPLE

0 What time is it? Correct answer:C



A



B



C

1. What have they forgotten?



A



B



C

2. What time does the train go?



A

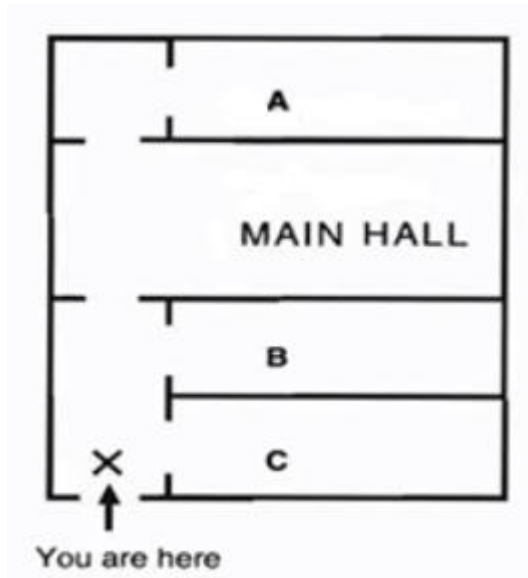


B



C

3. Where is room 22?



**A**

**B**

**C**

4. Which man wants to see him?



**A**



**B**



**C**

5. How did the woman get to work?



**A**



**B**



**C**

**10- You will listen to somebody on the radio talking about a restaurant. Fill in the missing information.**

### **The Rooftop Restaurant**

**Address:** Market Street, Hapston Village

**Opening day:** **1)** \_\_\_\_\_ 18<sup>th</sup> October

#### **Lunch time**

Opening times: **2)** \_\_\_\_\_ am.-3pm.

**Menu:** Two-course menu  
(pay extra for **3)**\_\_\_\_\_)

#### **Evening**

Opening times: 7p.m.-10p.m.

Menu: Three-course menu  
free **4)**\_\_\_\_\_ until 31<sup>st</sup> Oct

#### **Group bookings**

Contact us **5)** \_\_\_\_\_ WEEKS BEFORE EVENT.

## READING

**11- Read the article and answer the questions.**

### **A healthy diet**

Everyone should have a healthy diet. But what does this mean? If you think it means eating lots of fresh fruits and vegetables and no chocolate and sweets, then you're wrong. A healthy diet is actually a balanced diet with lots of different kinds of food.

There are several food groups, for example, dairy, which includes milk and cheese, protein which includes meats like chicken and pork, as well as other



groups. Fruit and vegetables are also important food groups. We should eat food from all these different groups.

People have unhealthy diets when they eat too much of one kind of food and not enough of another. Someone who eats lots of bread, pasta and potatoes all the time and not enough fruit doesn't have a very healthy diet. On the other hand, someone who eats only things like cheese and vegetables doesn't have a very balanced diet either.

Each food group is good for us in different ways. While some foods give us energy, others help our bodies to grow or to stay strong. Our bodies need to get lots of different things from the food we eat, and eating a balanced diet means that we get all of the things we need to be fit and healthy.

1. What does a healthy diet mean?

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2. Does a dairy diet include products such as milk or cheese?

---

3. Should we avoid chocolate completely?

---

4. When do people have unhealthy diets?

---

5. Do all foods help our bodies grow?

---

6. Why should we eat a balanced diet?

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WRITING

**12- Write an email to your cousin telling him you are ill.**

Say:

- \* how bad you feel (include parts of the body vocabulary)
- \* how worried you are because you are planning to go on a trip with your friends next weekend

Ask:

- \* if he/she has ever been on a trip with his/her friends
- \* for some advice on what to take on the trip

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## 6<sup>th</sup> FORM PRACTICE TEST UNITS 11 AND 12 KEY (RESPUESTAS)

### Parts of the body

#### Online activities

#### Exercise 1

e.g. **ea** r **H**

7. **e** y **e** **H**

8. st **o** m **a** ch **B**

9. h **a** nd **A**

10. b **a** ck **B**

11. f **i** ng **e** r **A**

12. kn **ee** **L**

#### Exercise 2

Dad: What's wrong, Carla?

Carla: **B**

Dad: Oh dear, that sounds terrible! Poor you!

Carla: **F**

Dad: Well, first you should lie in bed.

Carla: **D**

Dad: No, do you have a temperature?

Carla: **C**

Dad: OK, here, wrap yourself in this blanket.

Carla: **A**

Dad: Yes, definitely! And I think I should call the doctor right now.

Carla: **E**

### Exercise 3

1. **taxi**
2. **bike**
3. **helicopter**
4. **boat**
5. **coach**
6. **plane**
7. **train**
8. **scooter**
9. **motorbike**
10. **car**

### Exercise 4

2. If I feel ill, I will tell the teacher.
3. If I don't understand, I will ask for help.
4. If he invites her, she will go.
5. If I'm tired, I will go to bed.
6. If I am not hungry, I won't eat it.

### Exercise 5

- 1 If Clare arrives late again, the hockey trainer will be furious.
- 2 You'll be sorry if you don't revise for your exams.
- 3 We'll go if the weather's good.
- 4 They won't recognise you if you wear a wig and dark glasses.
- 5 If the bus is on time, I won't miss the football.
- 6 If you do your homework now, you'll be free all tomorrow.
- 7 We'll eat out if there's no food at home.
- 8 You'll find life much easier if you smile more often.
- 9 If it's hot, we'll go for a swim.
- 10 You'll do it better if you take more time over it.

## Exercise 6

Situation	Prediction
1. Emma's bus is coming, but she isn't at the bus stop.	If you <b>don't hurry</b> , you'll <b>miss</b> the bus. (not hurry/miss)
2. John wants to go out. It's raining hard.	If you <b>wear</b> a raincoat, you <b>won't get</b> very wet. (wear/not get)
3. Sam really wants to buy a new car.	If you <b>don't buy</b> it, you <b>won't be</b> happier. (not buy/not be)
4. Meg doesn't like her friend's new dress.	If you <b>tell</b> her, she <b>will be</b> sad. (tell/be)
5. Billy's friend has invited him to a party.	If you <b>go</b> , you <b>will enjoy</b> it! (go/enjoy)

## Exercise 7

### *To stay healthy ...*

you **should sleep** well.

you **should stick to** a balanced diet.

you **shouldn't smoke**.

you **shouldn't have** a lot of soft drinks or a lot of fast food.

you **should do** regular exercise.

you **should drink** water every day.

## Exercise 8

- 1. I have made breakfast but I haven't bought anything for lunch.**
- 2. I have learnt to play the piano but I haven't learnt to play the guitar.**
- 3. He has passed the biology test but he hasn't passed the maths test.**

4. **She has finished her homework but she hasn't tidied her room.**

5. **We haven't travelled to Europe but we have visited New York.**

### **Exercise 9**

1. B 2.A 3.B 4. A 5.C

### **Exercise 10**

1 Friday, 2 midday/ twelve, 3 dessert, 4 drink, 5 two

### **Exercise 11**

1. A healthy diet means eating a balanced diet with lots of different kinds of food.
2. Yes, it does.
3. No, we shouldn't.
4. (People have unhealthy diets) when they eat too much of one kind of food and not enough of another.
5. No, they don't.
6. Because if we eat a balanced diet we get all of the things we need to be fit and healthy.

### **Exercise 12**

**Open answer (Respuesta abierta)**