

7TH FORM PRACTICE TEST UNITS 7-11

READING

1- Read the text and questions below.

For each question, choose A, B, C or D.



A healthy mind

The brain is the most amazing part of our body and despite all medical research nobody really understands everything about it. But just like our bodies, it needs to be cared for in ways that can be quite simple. Getting a good night's sleep, eating a balanced diet and taking deep breaths are all important methods of looking after both your body and your brain.

Many people think their brain will slow down with age and their memory will get worse as a result. The truth is, just like your body, you can also improve your mind. I've found I can improve my memory by imagining what I need to remember. For example, if I'm going shopping and I need bread, milk and a birthday card for my brother, I imagine a loaf of bread, a carton of milk with a cow on the front and a birthday card with a football on it.

The same kind of method can be used with important dates. If you have a picture in your mind of a particular event it's much easier to remember than just a number on a calendar.

Another way of improving your mind is to make sure you regularly visit new places and have new experiences. Personally I find learning Spanish is a great way to keep the brain working, but communication in any language is important. Having a conversation is so much better for your brain than staring at a computer screen or at other people talking on TV.

1. What is the writer's main aim in writing the text?
 - A. To explain how the brain works.
 - B. To talk about problems with the brain.
 - C. To describe how clever she has become.
 - D. To suggest the brain needs attention.

2. What does the reader learn about the writer from the text?
 - A. She has a computer.
 - B. She is learning another language.
 - C. She likes shopping.
 - D. She enjoys travelling.

3. What does the writer say about the brain?
 - A. It should be treated in a similar way to our bodies.
 - B. Not enough medical research is being done on it.
 - C. It definitely becomes less quick when we are older.
 - D. It ages faster than our bodies.

4. What does the writer say about her own memory?
 - A. It has been possible to make it better.
 - B. She finds objects more difficult to remember than numbers.
 - C. It has got worse over the years.
 - D. She often forgets birthdays.

5. What would be another title for the text?

A **Easy ways to develop your mind.**

B **The latest research into the brain.**

C **The amazing power of memory.**

D **How to remember things you thought you'd forgotten.**



Simple Past vs Present Perfect

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex02>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex03>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex04>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex05>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex06>



Recycling!



Regular verbs:

Spelling:

<http://www.ego4u.com/en/cram-up/grammar/past-perfect-simple/exercises?02>

Irregular verbs:

<http://www.ego4u.com/en/cram-up/grammar/irregular-verbs/exercise?0>

<http://www.ego4u.com/en/cram-up/grammar/irregular-verbs/exercise?1>

<http://www.ego4u.com/en/cram-up/grammar/irregular-verbs/exercise?2>

2- Choose the best words to complete the text.

Chloe 1) **has just opened/has opened just** her birthday presents. She 2) **has woken/woke up** at six o'clock this morning! She has waited 3) **for/since** hours to open her presents, because her parents insisted that she had breakfast and got dressed first. They 4) **have given/gave** her a games console, but she hasn't tried it 5) **already/yet**. She 6) **has never played/never played** one before, and she's really excited. Her aunt gave her a lovely box set of "The Lord of the Rings" novels, but she 7) **has read already/has already read** them, so she is going to go back to the shop and change it for a console game.

She loves reading, but all her friends 8) **had/have had** consoles for ages, so she wants to buy another game so she can practise, and beat them!

GRAMMAR

Past Perfect



<http://www.ego4u.com/en/cram-up/grammar/past-perfect-simple/exercises>

http://www.englisch-hilfen.de/en/exercises/tenses/past_perfect.htm

http://www.englisch-hilfen.de/en/exercises/tenses/past_perfect_negation.htm

http://www.englisch-hilfen.de/en/exercises/tenses/past_perfect_questions.htm

http://www.englisch-hilfen.de/en/exercises/tenses/past_perfect_mix.htm



3- Combine the two sentences to make one sentence. Use when and the past perfect.

1. I washed and got ready. I went out to meet my friends.

When I had washed and got ready, I went out to meet my friends.

2. I knew much more about the job. I visited their offices.

_____.

3. I looked at the new dress. I asked how much it cost.

_____.

4. I felt much more independent. I passed my driving test.

_____.

5. Anne went on holiday. She saved enough money.

_____.

6. The team finally won the match. They ran round the pitch to celebrate.

_____.

4- Read the situations and write sentences from the words in brackets.

1. You went to Jill's house but she wasn't there. (she/ go/ out) *She had gone out.*

2. You went back to your home town after many years. It wasn't the same as before.

(it/ change/ a lot) _____.

3. I invited Rachel to the party but she couldn't come. (she/ arrange/ to do something

else) _____.

4. You went to the cinema last night. You arrived at the cinema late. (the film/ already/

begin) _____.

5. I was very pleased to see Tim again after such a long time. (I/ not/ see/ him for five

years) _____.

6. I offered Sue something to eat but she wasn't hungry. (she/ just/ have/ breakfast)

_____.



5- Read the situation and write sentences ending with before. Use the verb given in brackets.

1. The man sitting next to me on the plane was very nervous. It was his first flight.
(fly) *He had never flown before. OR He hadn't flown before.*

2. A woman walked into the room. She was a complete stranger to me.
(see) I _____.

3. Simon played tennis yesterday. He wasn't very good at it because it was his first game.

(play) He _____.

4. Last year we went to Denmark. It was our first time there.
(be) We _____.

6- Sentence transformation: Complete the second sentence so that it means the same as the first one, using no more than three words.

1 He started karate lessons a month ago.
He has _____ karate lessons for a month.

2 Shall we have a pizza?
He suggested _____ a pizza.

3 I enjoyed learning French at school.
I used _____ learning French at school.

4 I met my friend Lucy when I was four.
I have _____ Lucy since I was four.

5 This is the first time I've lived in such a quiet place.
I _____ in such a quiet place before.

6 It's the first time she's made a cake.
She _____ a cake before.

7 Two seconds ago I received an important phone call, which shocked me.
I am shocked; I _____ received an important phone call.

8 Greg moved to this neighbourhood a year ago.
Greg _____ in this neighbourhood for a year.



9 She started working as a doctor in 1995.

She has worked as a doctor _____ 1995.

10 She started working as a doctor in 1995.

She has worked as a doctor _____ many years.

11 My sister and her boyfriend got married an hour ago.

My sister and her boyfriend have _____ got married.

12 I met my best friend Bob when I entered the basketball team.

I _____ my best friend Bob since I entered the basketball team.

13 We saw that film last weekend and the previous one!

We _____ that film twice!

14 He still hasn't finished his project.

He hasn't finished his project _____.

15 I haven't read such an interesting book before.

This is the most interesting book I've _____ read.

VOCABULARY

7-Write the correct form of the word in brackets to complete the sentence.

1. They entered the house _____. (secret)
2. We go to the cinema _____. (week)
3. In the paper there is a very funny _____ ; look! (advertise)
4. They have just _____ a special sale. (announcement)
5. My greatest _____ this year has been passing my driving test.
(achieve)
6. He spoke _____ in front of a crowd. (nervous)
7. I love this band! I would really like to see a live _____. (perform)
8. He cut himself _____ (accident) .



8-Complete the sentences with a *by*-phrase from the box. There is one extra word you don't need.

herself itself the church hand mistake heart

1. She studied her lesson _____.
2. In the past people used to wash clothes _____.
3. She travelled to Mar del Plata alone. She was _____.
4. Oh no! I poured salt into the coffee _____!
5. The cat seems to have opened the door _____!

LISTENING

9- You will hear somebody talking about trips on the river. For each question, fill in the missing information in the numbered space.

RIVER CRUISES

Private parties

- Groups: Minimum 10 people
Maximum (1) _____ people
- Available all year round
- Trips last 2-5 hours in the evening or (2) _____
- Food : Cold buffet or (3) _____
Must be ordered at least (4) _____ before.

Cost

- Boat hire includes disco or (5) _____
- Extra cost for live entertainment

Bookings:

- Through website, by telephone or at the (6) _____ in the leisure centre.



WRITING

10- This is part of a letter you received from an English friend.

Some friends and I are going to a concert next Saturday! I'm very excited about it! Have you ever been to a live concert? Did you like it? If you haven't, what kind of concert would you go to?

Now write a letter answering your friend's questions in about 100 words.



7TH FORM PRACTICE TEST –UNITS 7-11 KEY (RESPUESTAS)

Exercise 1

1 D 2 B 3A 4 A 5 A

Exercise 2

Chloe 1) **has just opened/has opened just** her birthday presents. She 2) **has woken/woke up** at six o'clock this morning! She has waited 3) **for/since** hours to open her presents, because her parents insisted that she had breakfast and got dressed first. They 4) **have given/gave** her a games console, but she hasn't tried it 5) **already/yet**. She 6) **has never played/never played** one before, and she's really excited. Her aunt gave her a lovely box set of "The Lord of the Rings' novels, but she 7) **has read already/has already read** them, so she is going to go back to the shop and change it for a console game.

She loves reading, but all her friends 8) **had/have had** consoles for ages, so she wants to buy another game so she can practise, and beat them!

Exercise 3

2. I knew much more about the job, when I had visited their offices.
3. When I had looked at the new dress, I asked how much it cost.
4. I felt much more independent when I had passed my driving test.
5. Anne went on holiday when she had saved enough money.
6. When the team had finally won the match, they ran round the pitch to celebrate.

Exercise 4

2. You went back to your home town after many years. It wasn't the same as before. (it/ change/ a lot) **It had changed a lot.**
3. I invited Rachel to the party but she couldn't come. (she/ arrange/ to do something else) **She had arranged to do something else.**
4. You went to the cinema last night. You arrived at the cinema late. (the film/ already/ begin) **The film had already begun.**
5. I was very pleased to see Tim again after such a long time. (I/ not/ see/ him for five years) **I hadn't seen him for five years.**
6. I offered Sue something to eat but she wasn't hungry. (she/ just/ have/ breakfast) **She had just had breakfast.**



Exercise 5

2. A woman walked into the room. She was a complete stranger to me.
(see) I **had never seen her before**.
3. Simon played tennis yesterday. He wasn't very good at it because it was his first game.
(play) He **had never played tennis before**.
4. Last year we went to Denmark. It was our first time there.
(be) We **had never been there before**.

Exercise 6

1. He started karate lessons a month ago.
He has **had/taken** karate lessons for a month.
2. Shall we have a pizza?
He suggested **having** a pizza.
3. I enjoyed learning French at school.
I used **to enjoy** learning French at school.
4. I met my friend Lucy when I was four.
I have **known** Lucy since I was four.
5. This is the first time I've lived in such a quiet place.
I **haven't lived/ have never lived/ have not lived** in such a quiet place before.
- 6 It's the first time she's made a cake.
She **hasn't made/ has never made/ has not made** a cake before.
- 7 Two seconds ago I received an important phone call, which shocked me.
I am shocked; I **have just** received an important phone call.
- 8 Greg moved to this neighbourhood a year ago.
Greg **has lived** in this neighbourhood for a year.



9 She started working as a doctor in 1995.

She has worked as a doctor **since** 1995.

10 She started working as a doctor in 1995.

She has worked as a doctor **for** many years.

11 My sister and her boyfriend got married an hour ago.

My sister and her boyfriend have **just** got married.

12 I met my best friend Bob when I entered the basketball team.

I **have known** my best friend Bob since I entered the basketball team.

13 We saw that film last weekend and the previous one!

We **have seen** that film twice!

14 He still hasn't finished his project.

He hasn't finished his project **yet**.

15 I haven't read such an interesting book before.

This is the most interesting book I've **ever** read.

Exercise 7

1. They entered the house **secretly**. (secret)
2. We go to the cinema **weekly**. (week)
3. In the paper there is a very funny **advertisement** ; look! (advertise)
4. They have just **announced** a special sale. (announcement)
5. My greatest **achievement** this year has been passing my driving test. (achieve)
6. He spoke **nervously** in front of a crowd. (nervous)
7. I love this band! I would really like to see a live **performance** . (perform)
8. He cut himself **accidentally**. (accident)



Exercise 8

1. She studied her lesson **by heart**.
2. In the past people used to wash clothes **by hand**.
3. She travelled to Mar del Plata alone. She was **by herself**.
4. Oh no! I poured salt into the coffee **by mistake!**
5. The cat seems to have opened the door **by itself!**

Exercise 9

RIVER CRUISES

Private parties

- Groups: Minimum 10 people
Maximum (1) **50** people
- Available all year round
- Trips last 2-5 hours in the evening or (2) **afternoon**
- Food : Cold buffet or (3) **three/3-course meal**
Must be ordered at least (4) **one/1 week** before.

Cost

- Boat hire includes disco or (5) **dance music**
- Extra cost for live entertainment

Bookings:

- Through website, by telephone or at the (6) **office** in the leisure centre.

Exercise 10

Open answer (Respuesta abierta)