

## 7<sup>TH</sup> FORM PRACTICE TEST UNITS 7-11

### READING

**1- Read the text and questions below.**

**For each question, choose A, B, C or D.**



#### **A healthy mind**

The brain is the most amazing part of our body and despite all medical research nobody really understands everything about it. But just like our bodies, it needs to be cared for in ways that can be quite simple. Getting a good night's sleep, eating a balanced diet and taking deep breaths are all important methods of looking after both your body and your brain.

Many people think their brain will slow down with age and their memory will get worse as a result. The truth is, just like your body, you can also improve your mind. I've found I can improve my memory by imagining what I need to remember. For example, if I'm going shopping and I need bread, milk and a birthday card for my brother, I imagine a loaf of bread, a carton of milk with a cow on the front and a birthday card with a football on it.

The same kind of method can be used with important dates. If you have a picture in your mind of a particular event it's much easier to remember than just a number on a calendar.

Another way of improving your mind is to make sure you regularly visit new places and have new experiences. Personally I find learning Spanish is a great way to keep the brain working, but communication in any language is important. Having a conversation is so much better for your brain than staring at a computer screen or at other people talking on TV.

1. What is the writer's main aim in writing the text?
  - A. To explain how the brain works.
  - B. To talk about problems with the brain.
  - C. To describe how clever she has become.
  - D. To suggest the brain needs attention.
  
2. What does the reader learn about the writer from the text?
  - A. She has a computer.
  - B. She is learning another language.
  - C. She likes shopping.
  - D. She enjoys travelling.

3. What does the writer say about the brain?
  - A. It should be treated in a similar way to our bodies.
  - B. Not enough medical research is being done on it.
  - C. It definitely becomes less quick when we are older.
  - D. It ages faster than our bodies.
4. What does the writer say about her own memory?
  - A. It has been possible to make it better.
  - B. She finds objects more difficult to remember than numbers.
  - C. It has got worse over the years.
  - D. She often forgets birthdays.
5. What would be another title for the text?

**A** **Easy ways to  
develop your mind.**

**B** **The latest research into the brain.**

**C** **The amazing power of  
memory.**

**D** **How to remember  
things you thought  
you'd forgotten.**

## GRAMMAR



### Simple Past vs Present Perfect

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex02>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex03>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex04>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex05>

<http://www.ego4u.com/en/cram-up/grammar/simpas-preper/exercises?ex06>

## Recycling!



### Regular verbs:

#### Spelling:

<http://www.ego4u.com/en/cram-up/grammar/past-perfect-simple/exercises?02>

### Irregular verbs:

<http://www.ego4u.com/en/cram-up/grammar/irregular-verbs/exercise?0>

<http://www.ego4u.com/en/cram-up/grammar/irregular-verbs/exercise?1>

<http://www.ego4u.com/en/cram-up/grammar/irregular-verbs/exercise?2>

## 2- Choose the best words to complete the text.

Chloe 1) **has just opened/has opened just** her birthday presents. She 2) **has woken/woke up** at six o'clock this morning! She has waited 3) **for/since** hours to open her presents, because her parents insisted that she had breakfast and got dressed first. They 4) **have given/gave** her a games console, but she hasn't tried it 5) **already/yet**. She 6) **has never played/never played** one before, and she's really excited. Her aunt gave her a lovely box set of "The Lord of the Rings" novels, but she 7) **has read already/has already read** them, so she is going to go back to the shop and change it for a console game.

She loves reading, but all her friends 8) **had/have had** consoles for ages, so she wants to buy another game so she can practise, and beat them!

### Past Perfect



<http://www.ego4u.com/en/cram-up/grammar/past-perfect-simple/exercises>

[http://www.englisch-hilfen.de/en/exercises/tenses/past\\_perfect.htm](http://www.englisch-hilfen.de/en/exercises/tenses/past_perfect.htm)

[http://www.englisch-hilfen.de/en/exercises/tenses/past\\_perfect\\_negation.htm](http://www.englisch-hilfen.de/en/exercises/tenses/past_perfect_negation.htm)

[http://www.englisch-hilfen.de/en/exercises/tenses/past\\_perfect\\_questions.htm](http://www.englisch-hilfen.de/en/exercises/tenses/past_perfect_questions.htm)

[http://www.englisch-hilfen.de/en/exercises/tenses/past\\_perfect\\_mix.htm](http://www.englisch-hilfen.de/en/exercises/tenses/past_perfect_mix.htm)



**3- Combine the two sentences to make one sentence. Use when and the past perfect.**

1. I washed and got ready. I went out to meet my friends.

*When I had washed and got ready, I went out to meet my friends.*

2. I knew much more about the job. I visited their offices.

\_\_\_\_\_.

3. I looked at the new dress. I asked how much it cost.

\_\_\_\_\_.

4. I felt much more independent. I passed my driving test.

\_\_\_\_\_.

5. Anne went on holiday. She saved enough money.

\_\_\_\_\_.

6. The team finally won the match. They ran round the pitch to celebrate.

\_\_\_\_\_.

**4- Read the situation and write sentences ending with before. Use the verb given in brackets.**

1. The man sitting next to me on the plane was very nervous. It was his first flight.

(fly) *He had never flown before. OR He hadn't flown before.*

2. A woman walked into the room. She was a complete stranger to me.

(see) I \_\_\_\_\_.

3. Simon played tennis yesterday. He wasn't very good at it because it was his first game.

(play) He \_\_\_\_\_.

4. Last year we went to Denmark. It was our first time there.

(be) We \_\_\_\_\_.

**5- Sentence transformation: Complete the second sentence so that it means the same as the first one, using no more than three words.**

1 He started karate lessons a month ago.

He has \_\_\_\_\_ karate lessons for a month.



2 Shall we have a pizza?

He suggested \_\_\_\_\_ a pizza.

3 I enjoyed learning French at school.

I used \_\_\_\_\_ learning French at school.

4 I met my friend Lucy when I was four.

I have \_\_\_\_\_ Lucy since I was four.

5 This is the first time I've lived in such a quiet place.

I \_\_\_\_\_ in such a quiet place before.

6 It's the first time she's made a cake.

She \_\_\_\_\_ a cake before.

7 Two seconds ago I received an important phone call, which shocked me.

I am shocked; I \_\_\_\_\_ received an important phone call.

8 Greg moved to this neighbourhood a year ago.

Greg \_\_\_\_\_ in this neighbourhood for a year.

9 She started working as a doctor in 1995.

She has worked as a doctor \_\_\_\_\_ 1995.

10 She started working as a doctor in 1995.

She has worked as a doctor \_\_\_\_\_ many years.

11 My sister and her boyfriend got married an hour ago.

My sister and her boyfriend have \_\_\_\_\_ got married.

12 I met my best friend Bob when I entered the basketball team.

I \_\_\_\_\_ my best friend Bob since I entered the basketball team.

13 We saw that film last weekend and the previous one!

We \_\_\_\_\_ that film twice!

14 He still hasn't finished his project.

He hasn't finished his project \_\_\_\_\_.

15 I haven't read such an interesting book before.

This is the most interesting book I've \_\_\_\_\_ read.

## Reported speech



<http://www.e-grammar.org/reported-speech/test1-exercise1/>

<http://www.e-grammar.org/reported-speech/test1-exercise2/>

<http://www.e-grammar.org/reported-speech/test1-exercise3/>

<http://www.e-grammar.org/reported-speech/test2-exercise1/>

<http://www.e-grammar.org/reported-speech/test2-exercise2/>

## 6- Complete the second sentence so that it reports what was said or thought in the first sentence.

1. 'Paul hasn't finished his homework yet,' said Tina.

Tina said Paul \_\_\_\_\_ homework yet.

2. 'Take out your French books,' Mrs Deacon told the students.

Mrs Deacon told the students \_\_\_\_\_ French books.

3. 'I really don't like that boy!' Nora thought.

Nora thought that \_\_\_\_\_ boy.

4. 'Have you seen Ratatouille yet?' asked Bob.

Bob asked us \_\_\_\_\_ Ratatouille yet.

5. 'I can get home in ten minutes from here,' said Gary

Gary said \_\_\_\_\_ in ten minutes from here.

6. 'Where are the French books?' asked Mrs Unwin.

Mrs Unwin asked \_\_\_\_\_.

7. 'We can all have a hot cup of cocoa when we get home,' said Stephen.

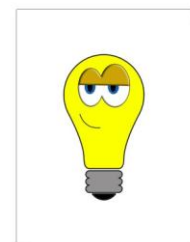
Stephen said we \_\_\_\_\_ a hot cup of cocoa when we \_\_\_\_\_ home.

8. 'You must not smoke anywhere in the building,' said the manager.

The manager told us \_\_\_\_\_ anywhere in the building.

**7- Write the correct form of the verbs in brackets to complete the sentences.**

1. Jack said he \_\_\_\_\_(hope) he would see Graham again soon.
2. We asked Paul \_\_\_\_\_(help) us with the decorations.
3. My parents said that I \_\_\_\_\_(must) clean up the mess in the kitchen.
4. Pia said she \_\_\_\_\_(wait) for us for ages!
5. Dad asked me if I \_\_\_\_\_(can) do the dishes.
6. Mr West told us \_\_\_\_\_(sit) down and be quiet!
7. Andy thought that he \_\_\_\_\_(may) play football after school yesterday.
8. You said you \_\_\_\_\_(not want) to play monopoly with us!
9. All the customers thought the shop assistant \_\_\_\_\_(work) much too slowly.
10. Tom asked me if I \_\_\_\_\_(finish) reading the newspaper.



**Sentence transformation**

**8- Complete the second sentence so that it means the same as the first one. Use no more than three words in each case.**

- 1 'Don't come back late,' my mother said to me.  
My mother \_\_\_\_\_ to come back late.
- 2 My father said, 'I'm going to stop having tennis classes.'  
My father said that he \_\_\_\_\_ give up tennis.
- 3 He explained he had never ridden a horse before.  
He explained 'I \_\_\_\_\_ a horse before. '
- 4 'What time did he arrive?'  
Pam asked me what time \_\_\_\_\_.
- 5 'Why are you sad?' she asked.



She wondered \_\_\_\_\_ sad.

6 'Sorry I've broken your mother's vase' he said.

He apologized for \_\_\_\_\_ my mother's vase.

7 'Remember to study for you test' my dad said.

My father \_\_\_\_\_ me of the test.

8 'Waiter! This dish is disgusting!'

He \_\_\_\_\_ about the dish.

9 Most employees did not agree with the lecturer's viewpoint.

Most employees \_\_\_\_\_ with the lecturer's viewpoint.

10 . 'Careful! Don't touch it! It's too hot!'

She warned me not \_\_\_\_\_ it.

## VOCABULARY

**9-Write the correct form of the word in brackets to complete the sentence.**

1. They entered the house \_\_\_\_\_. (secret)
2. We go to the cinema \_\_\_\_\_. (week)
3. In the paper there is a very funny \_\_\_\_\_ ; look! (advertise)
4. They have just \_\_\_\_\_ a special sale. (announcement)
5. My greatest \_\_\_\_\_ this year has been passing my driving test.  
(achieve)
6. He spoke \_\_\_\_\_ in front of a crowd. (nervous)
7. I love this band! I would really like to see a live \_\_\_\_\_. (perform)
8. He cut himself \_\_\_\_\_ (accident) .

**10-Complete the sentences with a *by*-phrase from the box. There is one extra word you don't need.**





herself

itself

the church

hand

mistake

heart

1. She studied her lesson \_\_\_\_\_.
2. In the past people used to wash clothes \_\_\_\_\_.
3. She travelled to Mar del Plata alone. She was \_\_\_\_\_.
4. Oh no! I poured salt into the coffee \_\_\_\_\_!
5. The cat seems to have opened the door \_\_\_\_\_!

### LISTENING

**11- You will hear somebody talking about trips on the river. For each question, fill in the missing information in the numbered space.**

#### RIVER CRUISES

##### Private parties

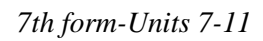
- Groups: Minimum 10 people  
Maximum (1) \_\_\_\_\_ people
- Available all year round
- Trips last 2-5 hours in the evening or (2) \_\_\_\_\_
- Food : Cold buffet or (3) \_\_\_\_\_  
Must be ordered at least (4) \_\_\_\_\_ before.

##### Cost

- Boat hire includes disco or (5) \_\_\_\_\_
- Extra cost for live entertainment

##### Bookings:

- Through website, by telephone or at the (6) \_\_\_\_\_ in the leisure centre.



**12- This is part of a letter you received from an English friend.**

**Now write a letter answering your friend's questions in about 100 words.**

[illegible]



## 7<sup>TH</sup> FORM PRACTICE TEST –UNITS 7-11 KEY (RESPUESTAS)

### Exercise 1

1 D 2 B 3A 4 A 5 A

### Exercise 2

Chloe 1) **has just opened/has opened just** her birthday presents. She 2) **has woken/woke up** at six o'clock this morning! She has waited 3) **for/since** hours to open her presents, because her parents insisted that she had breakfast and got dressed first. They 4) **have given/gave** her a games console, but she hasn't tried it 5) **already/yet**. She 6) **has never played/never played** one before, and she's really excited. Her aunt gave her a lovely box set of "The Lord of the Rings' novels, but she 7) **has read already/has already read** them, so she is going to go back to the shop and change it for a console game.

She loves reading, but all her friends 8) **had/have had** consoles for ages, so she wants to buy another game so she can practise, and beat them!

### Exercise 3

2. I knew much more about the job, when I had visited their offices.
3. When I had looked at the new dress, I asked how much it cost.
4. I felt much more independent when I had passed my driving test.
5. Anne went on holiday when she had saved enough money.
6. When the team had finally won the match, they ran round the pitch to celebrate.

### Exercise 4

2. A woman walked into the room. She was a complete stranger to me.  
(see) I **had never seen her before**.
3. Simon played tennis yesterday. He wasn't very good at it because it was his first game.  
(play) He **had never played tennis before**.
4. Last year we went to Denmark. It was our first time there.  
(be) We **had never been there before**.



## Exercise 5

1. He started karate lessons a month ago.

He has **had/taken** karate lessons for a month.

2. Shall we have a pizza?

He suggested **having** a pizza.

3. I enjoyed learning French at school.

I used **to enjoy** learning French at school.

4. I met my friend Lucy when I was four.

I have **known** Lucy since I was four.

5. This is the first time I've lived in such a quiet place.

I **haven't lived/ have never lived/ have not lived** in such a quiet place before.

- 6 It's the first time she's made a cake.

She **hasn't made/ has never made/ has not made** a cake before.

- 7 Two seconds ago I received an important phone call, which shocked me.

I am shocked; I **have just** received an important phone call.

- 8 Greg moved to this neighbourhood a year ago.

Greg **has lived** in this neighbourhood for a year.

- 9 She started working as a doctor in 1995.

She has worked as a doctor **since** 1995.

- 10 She started working as a doctor in 1995.

She has worked as a doctor **for** many years.

- 11 My sister and her boyfriend got married an hour ago.

My sister and her boyfriend have **just** got married.

- 12 I met my best friend Bob when I entered the basketball team.

I **have known** my best friend Bob since I entered the basketball team.

- 13 We saw that film last weekend and the previous one!

We **have seen** that film twice!



14 He still hasn't finished his project.

He hasn't finished his project **yet**.

15 I haven't read such an interesting book before.

This is the most interesting book I've **ever** read.

## Exercise 6

1. 'Paul hasn't finished his homework yet,' said Tina.

Tina said Paul **hadn't finished his** homework yet.

2. 'Take out your French books,' Mrs Deacon told the students.

Mrs Deacon told the students **to take out their** French books.

3. 'I really don't like that boy!' Nora thought.

Nora thought that **she really didn't like that** boy.

4. 'Have you seen Ratatouille yet?' asked Bob.

Bob asked us **if we had seen** Ratatouille yet.

5. 'I can get home in ten minutes from here,' said Gary

Gary said **he could get home** in ten minutes from here.

6. 'Where are the French books?' asked Mrs Unwin.

Mrs Unwin asked **where the French books were**.

7. 'We can all have a hot cup of cocoa when we get home,' said Stephen.

Stephen said we **could all have** a hot cup of cocoa when we **got** home.

8. 'You must not smoke anywhere in the building,' said the manager.

The manager told us **not to smoke** anywhere in the building.

## Exercise 7

1. Jack said he **hoped** (hope) he would see Graham again soon.

2. We asked Paul **to help** (help) us with the decorations.

3. My parents said that I **had to** (must) clean up the mess in the kitchen.

4. Pia said she **had waited** (wait) for us for ages!

5. Dad asked me if I **could** (can) do the dishes.

6. Mr West told us **to sit** (sit) down and be quiet!

7. Andy thought that he **might** (may) play football after school yesterday.

8. You said you **didn't want** (not want) to play monopoly with us!

9. All the customers thought the shop assistant **worked** (work) much too slowly.

10. Tom asked me if I **had finished** (finish) reading the newspaper.



## Exercise 8

- 1 'Don't come back late, ' my mother said to me.  
My mother **told me not** to come back late.
- 2 My father said, 'I'm going to stop having tennis classes. '  
My father said that he **was going to** give up tennis.
- 3 He explained he had never ridden a horse before.  
He explained 'I **have never ridden** a horse before.'
- 4 'What time did he arrive?'  
Pam asked me what time **he had arrived**.
- 5 'Why are you sad?' she asked.  
She wondered **why I was** sad.
- 6 'Sorry I've broken your mother's vase' he said.  
He apologized for **breaking/ having broken** my mother's vase.
- 7 'Remember to study for you test' my dad said.  
My father **reminded** me of the test.
- 8 'Waiter! This dish is disgusting!'  
He **complained** about the dish.
- 9 Most employees did not agree with the lecturer's viewpoint.  
Most employees **disagreed** with the lecturer's viewpoint.
- 10 . 'Careful! Don't touch it! It's too hot!'  
She warned me not **to touch** it.

## Exercise 9

1. They entered the house **secretly**. (secret)
2. We go to the cinema **weekly**. (week)
3. In the paper there is a very funny **advertisement** ; look! (advertise)
4. They have just **announced** a special sale. (announcement)
5. My greatest **achievement** this year has been passing my driving test. (achieve)
6. He spoke **nervously** in front of a crowd. (nervous)
7. I love this band! I would really like to see a live **performance** . (perform)
8. He cut himself **accidentally**. (accident)



### Exercise 10

1. She studied her lesson **by heart**.
2. In the past people used to wash clothes **by hand**.
3. She travelled to Mar del Plata alone. She was **by herself**.
4. Oh no! I poured salt into the coffee **by mistake**!
5. The cat seems to have opened the door **by itself**!

### Exercise 11

#### **RIVER CRUISES**

##### **Private parties**

- Groups: Minimum 10 people  
Maximum (1) **50** people
- Available all year round
- Trips last 2-5 hours in the evening or (2) **afternoon**
- Food : Cold buffet or (3) **three/3-course meal**  
Must be ordered at least (4) **one/1 week** before.

##### **Cost**

- Boat hire includes disco or (5) **dance music**
- Extra cost for live entertainment

##### **Bookings:**

- Through website, by telephone or at the (6) **office** in the leisure centre.

### Exercise 12

#### **Open answer (Respuesta abierta)**